

Your Constituency



States Assembly
Jersey's elected parliament



St Helier Central

Constituency Statistics Report 2026

Introduction

This report brings together key statistics about the constituency of St Helier Central to help inform and support constituents ahead of the June 2026 elections in Jersey. By presenting clear, accessible data on the makeup of our community, the report aims to provide a useful snapshot of local demographics, social characteristics and housing trends relevant to voters, candidates and anyone with an interest in the constituency.

The information in this report has been sourced from Statistics Jersey, drawing primarily on the most recent [Jersey Census in 2021](#) and the [Jersey Opinions and Lifestyle Survey 2025](#). These statistics offer the most reliable and comprehensive picture of life within St Helier Central and cover areas such as population, age structure, employment, household composition and other key indicators that help illustrate the character of our constituency.

A full suite of detailed data for Jersey and each constituency is available on the [Statistics Jersey website](#), including interactive tables and further breakdowns to complement the summary contained in this document.

Through the careful compilation of these figures, this report aims to provide a clear and factual foundation for understanding our community as we look ahead to the 2026 election period.

Similar reports for other constituencies are available [here](#). Please note that these reports present key data for electoral constituencies for Deputies, rather than for individual parishes.

Key Figures

Population

The total population of St Helier Central was **12,510**, which made it the second largest out of all constituencies.

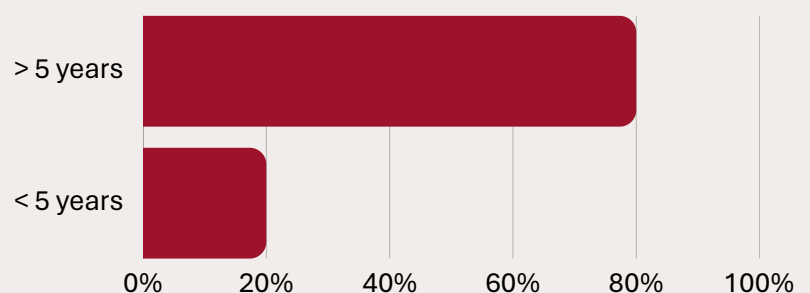
12,510

This accounted for approximately **12%** of Jersey's total population.

12%

Length of residence in Jersey

1 in 4 (20%) of St Helier Central residents had lived in Jersey for fewer than 5 years and 80% for more than 5 years.

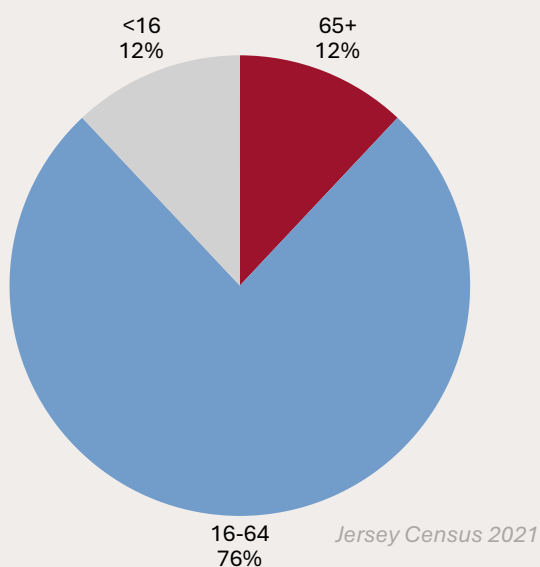


Jersey Census 2021

Key Figures

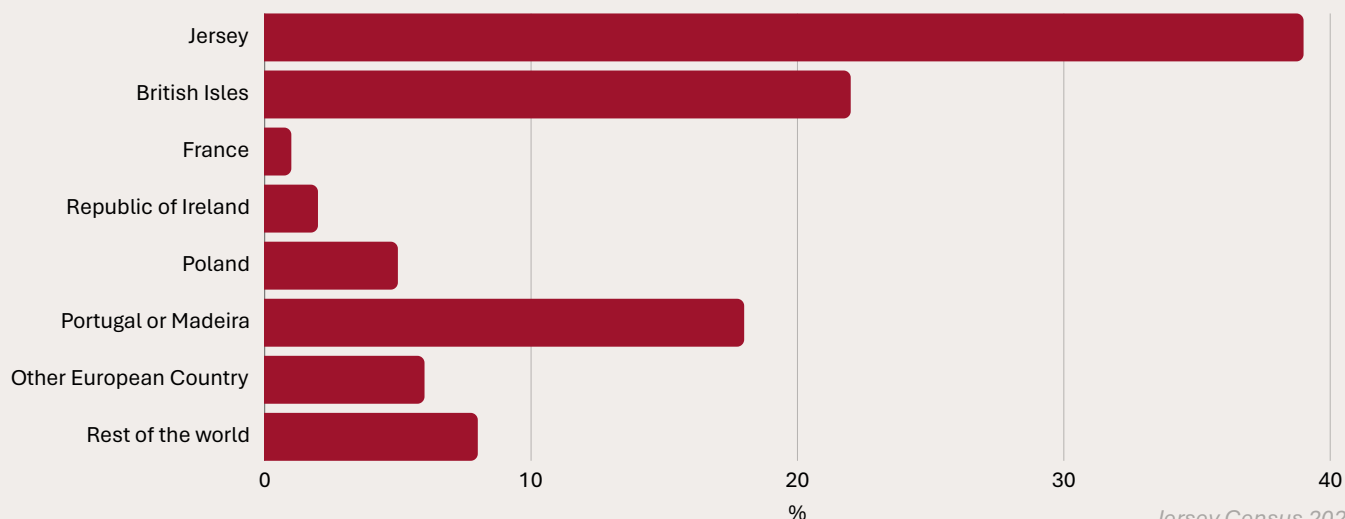
Young, working age and elderly people

St Helier Central had the largest percentage of working-age people at **76%**, and the lowest percentage of 65+ residents at **12%**.



Place of birth and ethnicity

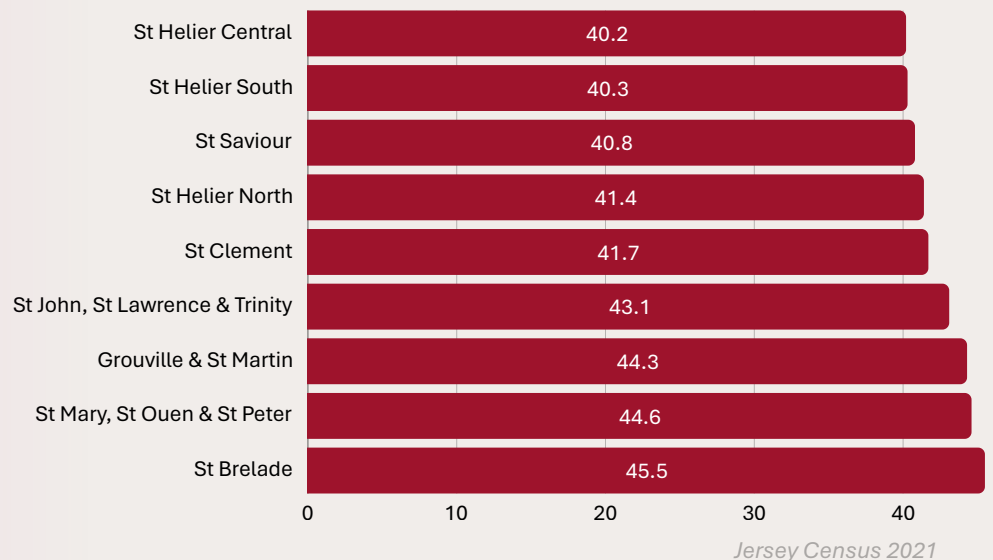
In St Helier Central, **39%** of residents were Jersey-born and **18%** were born in Portugal or Madeira. The constituency also had the largest population of residents born outside Europe, with more than **1,000** people (8% of its population).



Demographics

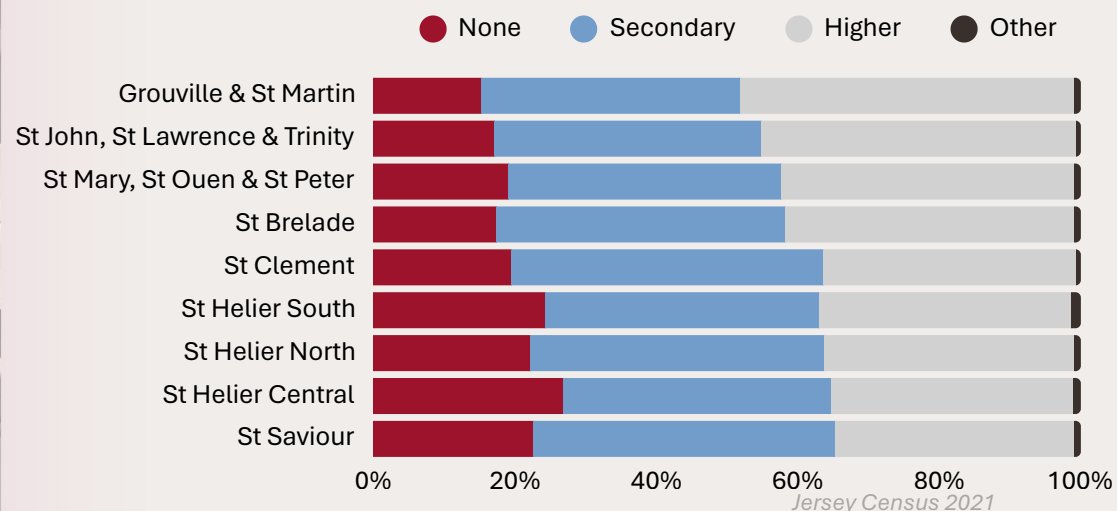
Average age

The mean age of St Helier Central residents was lowest out of all constituencies at **40.2 years**.



Higher Education Attainment

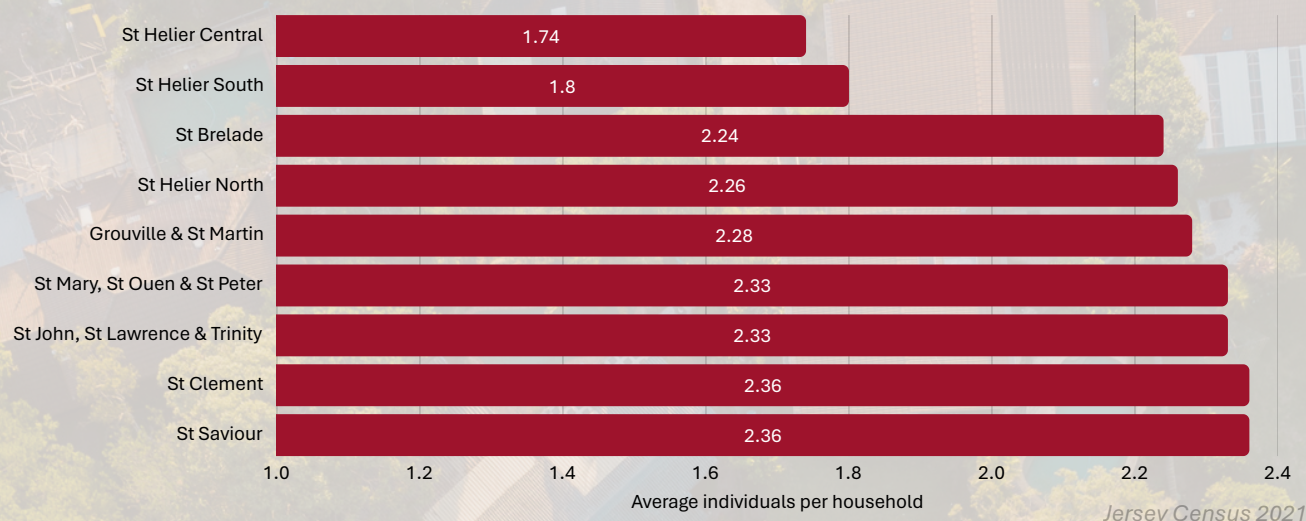
More than a quarter of adults in St Helier Central (27%) had not attained secondary or higher education qualifications – the highest proportion of any constituency.



Housing & Households

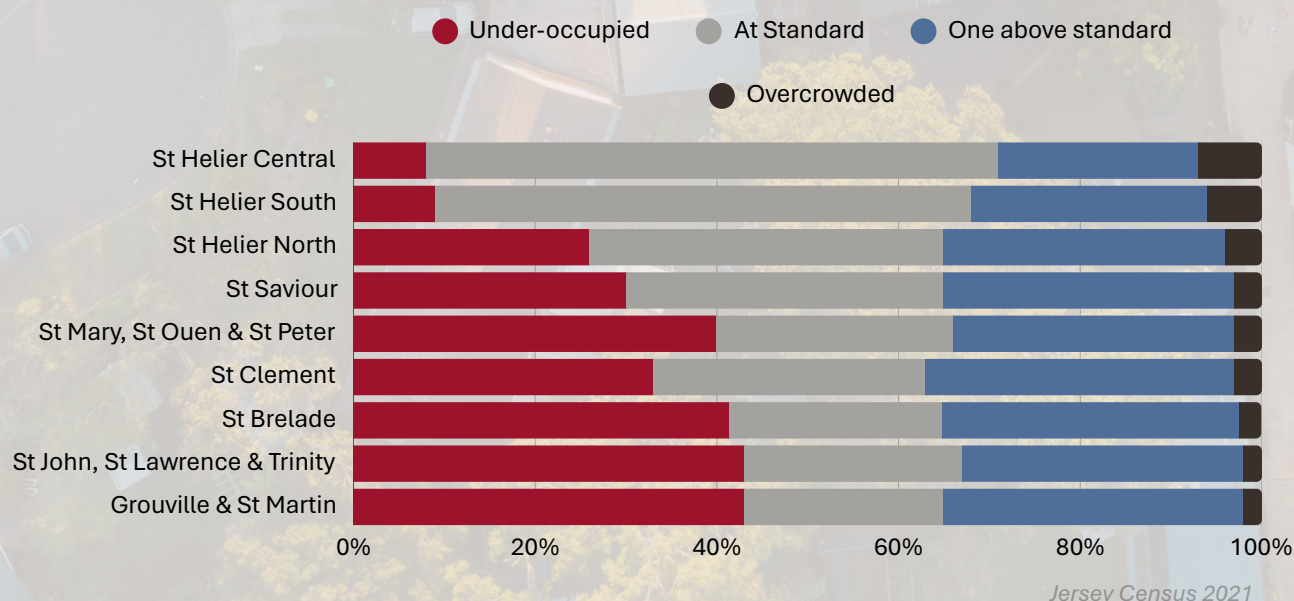
Size of households

St Helier Central, along with St Helier South, had much lower average household sizes than other constituencies. An average of **1.74** individuals resided per household in St Helier Central, compared to 2.36 in St Saviour.



Overcrowding

St Helier Central had the highest level of overcrowding at **7%** and the lowest level of under-occupancy at **8%**, compared to other constituencies.

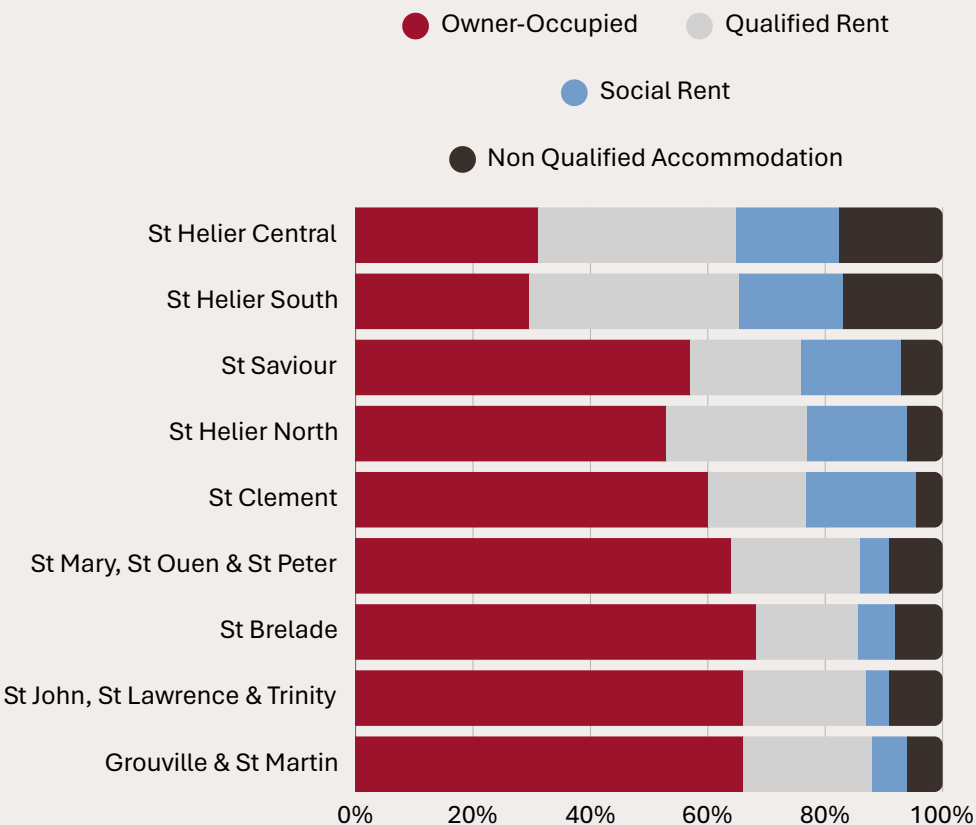




Housing & Households

Tenure

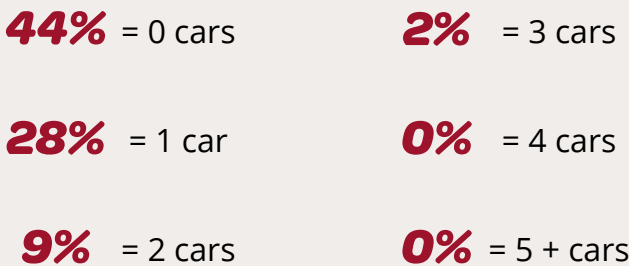
In St Helier Central, around **1 in 6** households (**18%**) lived in non-qualified accommodation, and the same proportion lived in social rental housing. Just **31%** were owner-occupied — the second-lowest rate across the constituencies.



Jersey Census 2021

Cars per household

The average number of cars per household in St Helier Central was **0.71**, which was the lowest of all constituencies.



Jersey Census 2021

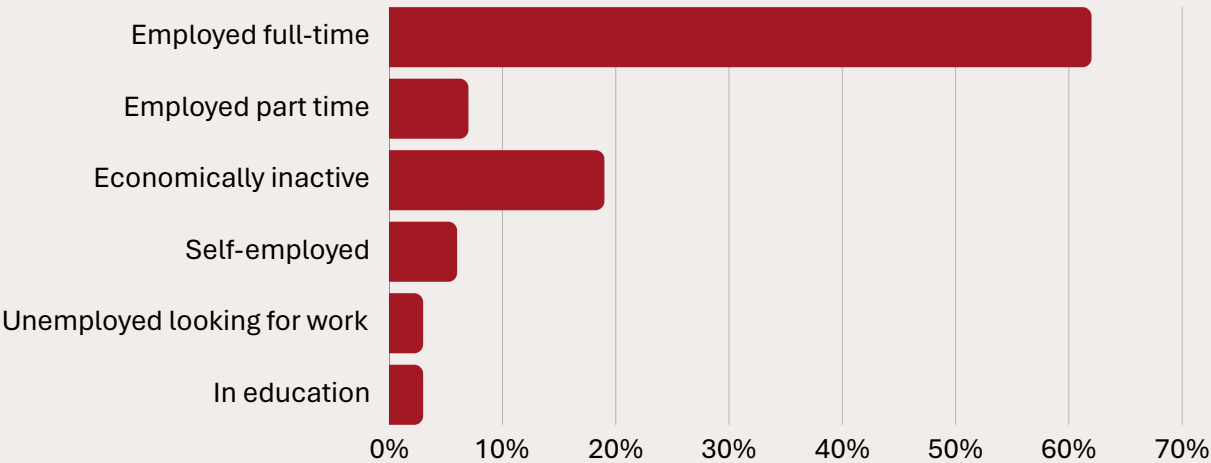


Cost of Living

Economic status

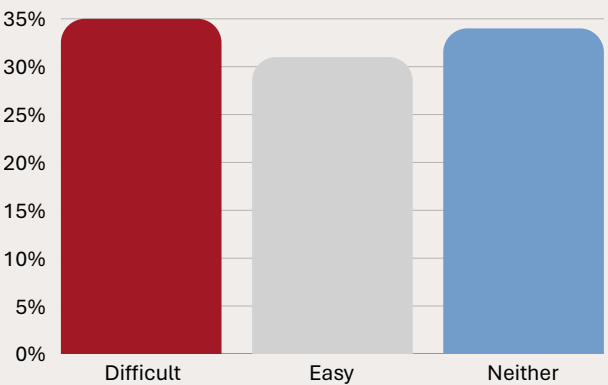
St Helier Central had the highest proportion of adults in full-time employment (**62%**) of all constituencies (St Brelade the lowest at 39%). It also had the lowest number of adults who were economically inactive at **19%**.

Jersey Census 2021



Coping financially

Approximately **1 in 3** households (**35%**) in St Helier Central found it difficult to cope financially, which was the fourth highest proportion out of all constituencies. St Helier South had the highest proportion at 42%.



Jersey Opinions and Lifestyle Survey 2025

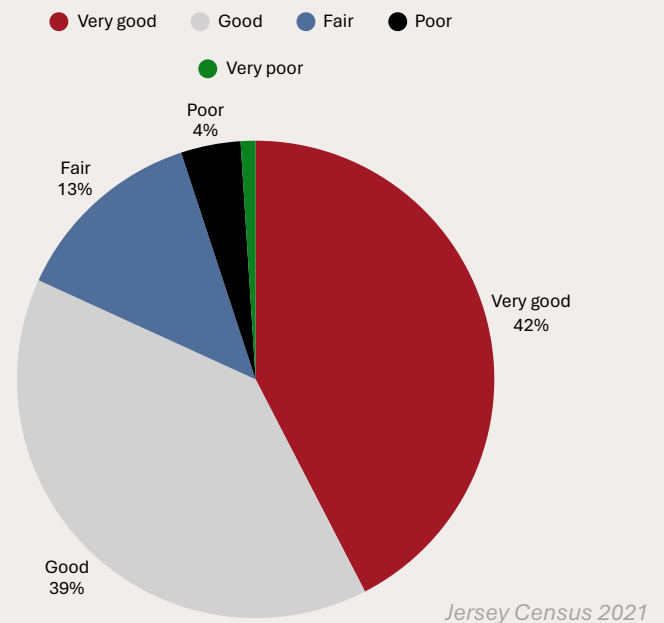




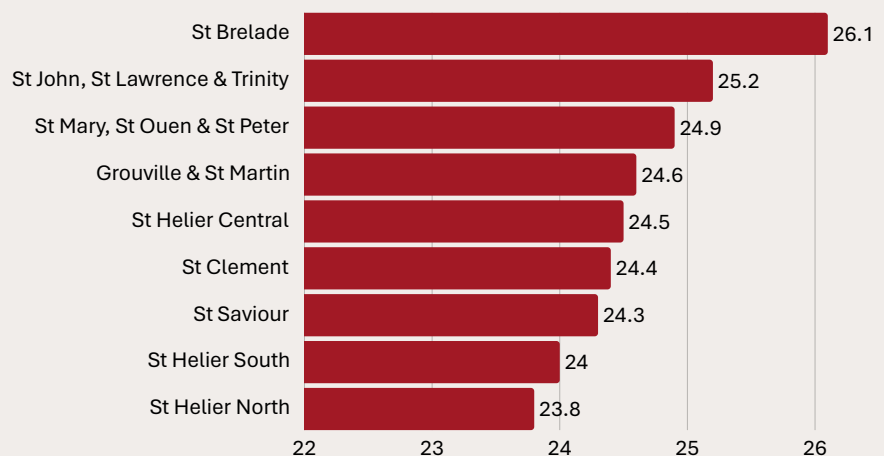
Health & Wellbeing

Physical and mental health

St Helier Central had the lowest proportion of people who reported being in very good health (**42%**). In contrast, St John, St Lawrence & Trinity, along with Grouville & St Martin, recorded the highest proportion at 54%.



Residents of St Helier Central sat mid-range for their overall mental wellbeing (including life satisfaction, happiness, anxiety and feeling worthwhile) with a mean score of **24.5**.



Jersey Opinions and Lifestyle Survey 2025

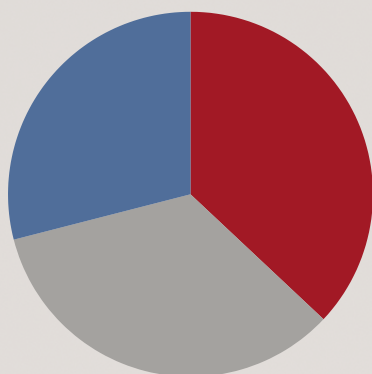
(Note: SWEMWBS = Short Warwick-Edinburgh Mental Wellbeing Scale)

Civic Engagement

In 2022, **48%** of the St Helier Central voting age population were registered to vote. However, the percentage of those who voted was just **29%**.

Jersey Opinions and Lifestyle Survey 2022

● Yes ● No ● Not sure



Jersey Opinions and Lifestyle Survey 2025

Voting intentions

37% of respondents in St Helier Central planned to vote in the 2026 election which was one of the lowest scores of all constituencies (60% in Grouville & St Martin said they planned to vote). **34%** of people said they were not planning to vote, while **29%** were unsure.

Trust in Government

St Helier Central respondents reported the joint second highest mean trust score in Government at **6.0** (overall result range was 5.4:6.2) compared to St Helier South which had the highest at 6.2.

Trust in Your Constituency

St Helier Central had the fourth lowest mean trust score in its constituency at **6.3**.



Jersey Opinions and Lifestyle Survey 2025